




## ACTIVITY 07

# Flower-Making Ritual

 DURATION: 30-45 MIN APPROX.

### Purpose

The Flower-Making Ritual is a collaborative closing activity designed to celebrate the relationships, contributions, and shared experiences developed throughout the programme.

As student partners approach the end of their journey, the activity creates space for gratitude, recognition, and collective reflection. Through the creation and exchange of paper flowers, participants acknowledge the impact that others have had on their experience and celebrate the care, support, learning, and community that emerged throughout the programme.

The activity encourages participants to reflect on:

- how others have contributed to their journey,

### Materials

- Examples of Flower-Making
- Coloured paper or card
- Scissors
- Pens, pencils, markers, or coloured pencils
- Glue, tape, or other craft materials
- String, vase, container, or display space for creating a collective bouquet



- moments of support, encouragement, or inspiration,
- the importance of community and collective care,
- personal and collective achievements,
- what they wish to carry forward beyond the programme.

As a closing ritual, the activity provides an opportunity to end the evaluation process with celebration, appreciation, and connection while reinforcing the relational nature of student partnership work.

### Optional:

- Pre-cut paper flowers, petals, stems, or flower components to support participants who may prefer not to make flowers from scratch or where time is limited.
- Music to support a reflective or celebratory atmosphere
- Refreshments for an informal celebration

## Instructions

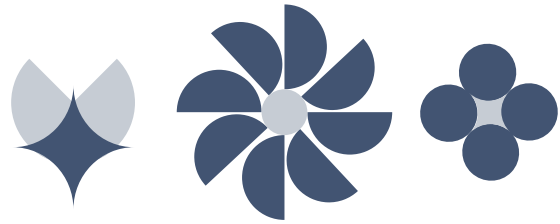


### Step 1: Create Individual Flowers

🕒 DURATION: 10-15 MIN

Invite participants to create one paper flower for each other student partner in the group.

Participants may decorate each flower using colours, drawings, symbols, or designs that feel meaningful or appropriate.



### Step 2: Write Appreciation Messages

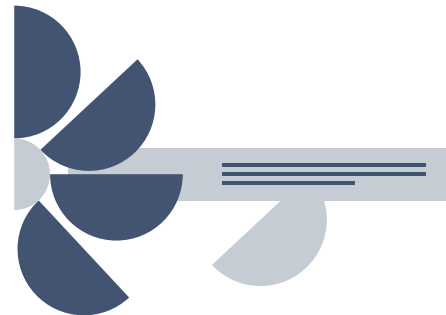
🕒 DURATION: 10-15 MIN

On the back of each flower, invite participants to write a short message of appreciation, recognition, or encouragement for the person who will receive it.

Messages may acknowledge:

- contributions to the group,
- acts of support or care,
- memorable moments,
- personal strengths,
- growth observed throughout the programme,
- hopes for the future.

Encourage participants to be specific, thoughtful, and authentic.





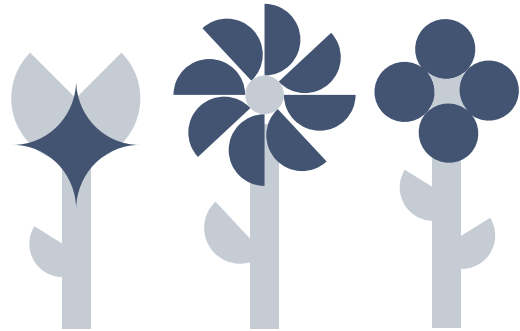
### Step 3: Exchange Flowers and Create a Collective Bouquet

 DURATION: 10-15 MIN

Invite participants to exchange flowers with one another and take time to read the messages they have received.

As flowers are exchanged, gather them together to create a collective bouquet representing the relationships, experiences, and community developed throughout the programme.

Facilitators may invite participants to share reflections, read selected messages aloud, or simply spend time observing the collective bouquet.



### Step 4: Closing Reflection

 DURATION: 5-10 MIN

Invite participants to reflect on the experience individually or as a group.

Possible reflection prompts:

- What did you appreciate most about this experience?
- What surprised you while creating or receiving flowers?
- What relationships or moments stand out when you look back on the programme?
- What are you taking forward from this journey?

Facilitators may conclude with a closing circle, acknowledgements, a collective photograph of the bouquet, or an informal celebration.

