



ACTIVITY 06

Participation Journey Mapping

DURATION: 60-80 MIN APPROX.

Purpose

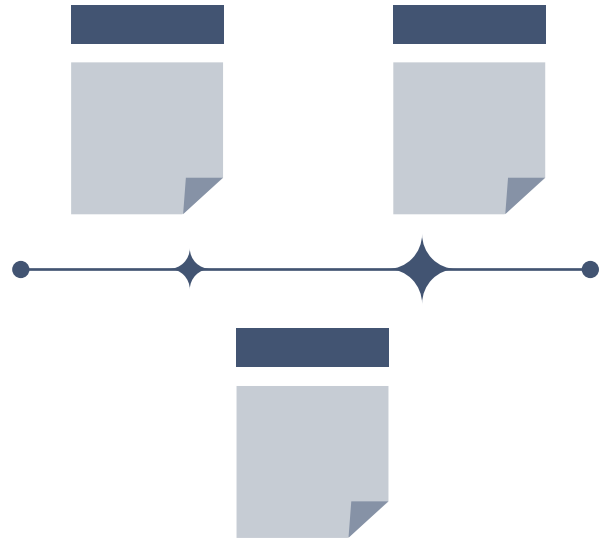
This closing Participation Journey Mapping activity invites student partners to revisit and critically reflect on their experiences of participation, collaboration, influence, and engagement throughout the programme.

Building on the Participation Ladder activity introduced during the Midway Check-in, the activity creates space for participants to reflect on how their sense of participation, agency, relationships, and involvement may have shifted over time.

By tracing participation experiences across the programme journey, participants are encouraged to explore moments of empowerment, uncertainty, collaboration, tension, growth, or exclusion, while considering the relational and institutional dynamics that shaped these experiences.

Materials

- Participants' previous Participation Ladder reflections (if available)
- Examples of Participation Journey
- Printed Participation Ladder templates
- Printed Participation Tags
- Printed recommendations from Co-Analysis Session



The activity also supports reflective learning and collective evaluation by helping participants recognise patterns, turning points, and evolving understandings of participation and partnership work.

Optional:

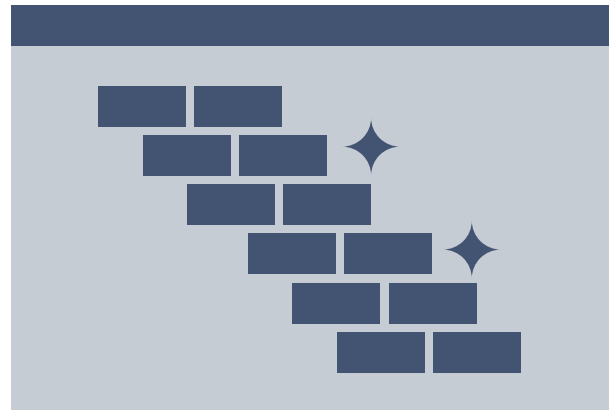
- A general programme timeline of the year highlighting key student partner activities, workshops, events, deadlines, and milestones. A reference tool to help participants recall experiences and situate their reflections.



Step 1: Reflection on Previous Participation Ladders

 DURATION: 5 MIN

Invite participants to revisit their Participation Ladder reflections from the Midway Check-in and reflect on whether their experiences of participation, collaboration, communication, or influence have changed throughout the programme. Participants involved in multiple initiatives may revisit more than one previous Participation Ladder. Where participants worked on a shared initiative, they may choose to reflect individually or as a team. Participants may spend a few quiet moments observing their previous reflections before beginning the next stage.



Step 2: Create a Participation Journey

 DURATION: 15-20 MIN

Using colours, words, drawings, symbols, timelines, or collage materials, invite participants to create a visual “journey” tracing their experiences of participation throughout the programme.

The journey may represent:

- moments where participation felt meaningful or limited,
- shifts in confidence, agency, or influence,
- experiences of collaboration or co-creation,
- barriers or tensions encountered,
- relationships with peers, staff, or communities,
- moments of recognition, uncertainty, or growth,
- changes in communication, ownership, or decision-making.



Participants may work individually or in teams, depending on whether they are reflecting on a personal journey or a shared project experience.



Step 3: Add Participation Tags

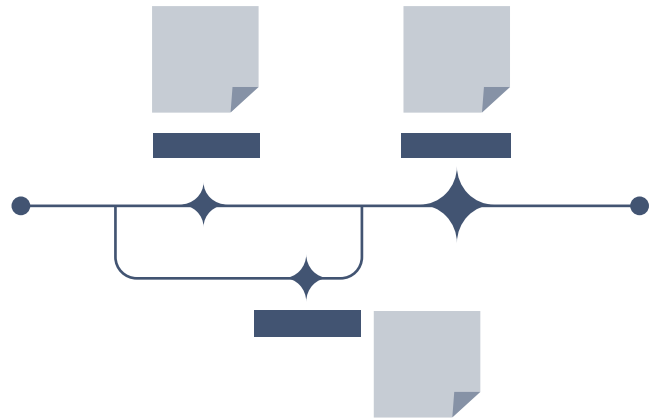
 DURATION: 15-20 MIN

Invite participants to review the participation tags and select those that best represent their perceived levels of engagement at different points in the journey.

Participants should place the tags directly onto their timeline or visual journey to show how participation, influence, collaboration, or decision-making shifted over time.

Encourage participants to reflect on:

- where they felt most involved or influential,
- where participation felt limited or unclear,



- where engagement was affected by external factors,
- where their sense of agency changed,
- what moments shaped their position on the Participation Ladder.

Step 4: Create a New Participation Ladder

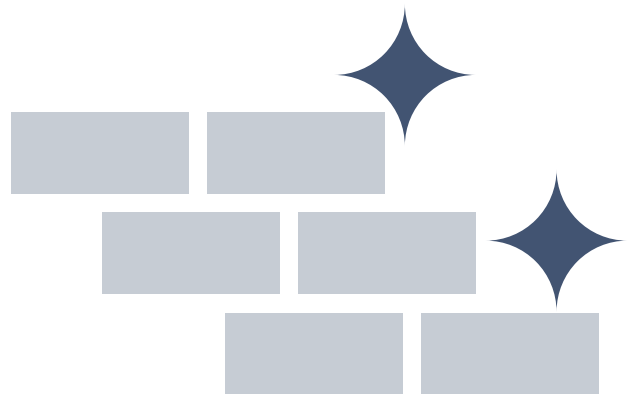
 DURATION: 15-20 MIN

Invite participants to complete a new Participation Ladder that represents where they feel they are now, at the end of the programme.

Participants should position themselves on the ladder according to their current understanding of their participation, collaboration, influence, and engagement.

Encourage participants to reflect on:

- where they feel positioned now and why,
- how their current level of participation compares to earlier moments in the programme.





Step 5: Integrate Recommendations

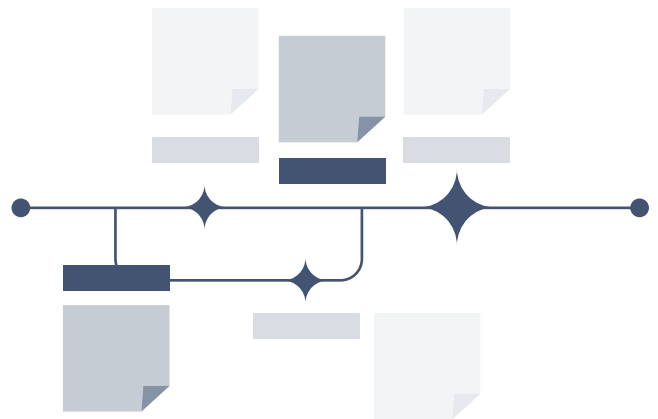
 DURATION: 10 MIN

Invite participants to review printed recommendations generated during the Co-Analysis stage and place them near the participation tags or moments in the journey where they feel the recommendation, support, or change would have been most relevant.

This helps connect collective recommendations to specific moments in the programme journey, showing where different forms of support, communication, collaboration, or institutional change may have influenced participation.

Encourage participants to reflect on:

- what recommendations feel most significant to their journey,



- where support or intervention could have improved participation,
- how institutional or relational changes may have altered moments of challenge, exclusion, uncertainty, or growth,
- how collective reflections connect to individual or team experiences.

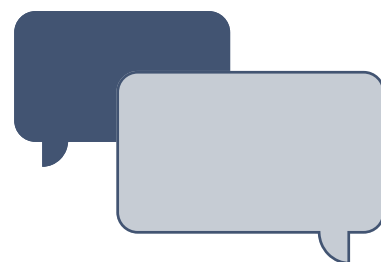
Step 6: Reflection and Sharing

 DURATION: 15-20 MIN

Invite participants to reflect individually or share aspects of their participation journeys and ladder reflections with the group. Sharing should remain voluntary.

Possible reflection prompts:

- What changes do you notice compared to the Midway Check-in?
- What moments most shaped your sense of participation?
- What supported meaningful collaboration or engagement?
- What barriers or tensions remained present?



- What have you learned about participation, partnership, or collective work through this experience?

Facilitators may close the activity with a grounding exercise or collective check-out.

Participation Tags



✂	Changemaker Owned	Changemaker Owned	Changemaker Owned
	Changemaker Led	Changemaker Led	Changemaker Led
	Co-Production	Co-Production	Co-Production
	Co-Design	Co-Design	Co-Design
	Engage	Engage	Engage
	Consult	Consult	Consult
✂	Inform	Inform	Inform
	Educate	Educate	Educate
	Comply	Comply	Comply
	Exclude	Exclude	Exclude