




ACTIVITY 02

Group Expectations

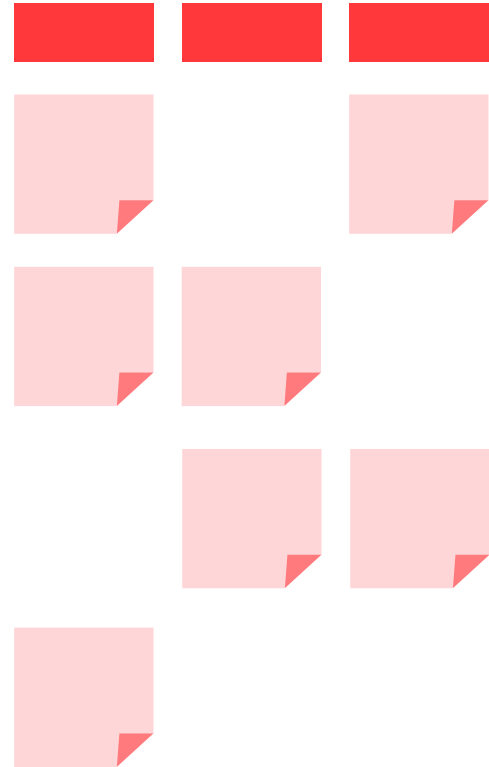
 DURATION: 30-40 MIN APPROX.

Purpose

The Group Expectations activity creates space for student partners to collaboratively establish shared expectations, values, and ways of working at the beginning of the programme.

The activity supports trust-building, collective care, accountability, and open communication by encouraging participants to reflect on what they need in order to feel supported, respected, and able to participate meaningfully within the group.

It also helps establish a shared foundation for collaboration throughout the programme and contributes to creating a more inclusive and supportive learning environment.



Materials

- Large sheets of paper
- Sticky notes
- Pens and markers

Optional:

- Printed reflection prompts



Step 01: Individual Reflection

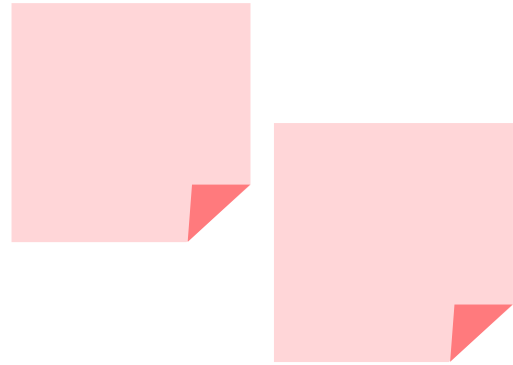
 DURATION: 5 MIN

Invite participants to reflect individually on their hopes, expectations, and intentions for the programme.

Possible prompts:

- What do you hope to gain or experience through this programme?
- What would help you feel supported within this group?
- What values or behaviours are important to you in collaborative work?
- What does a positive group environment look like to you?

Participants may write their reflections on sticky notes or directly onto paper.



Step 02: Group Sharing and Discussion

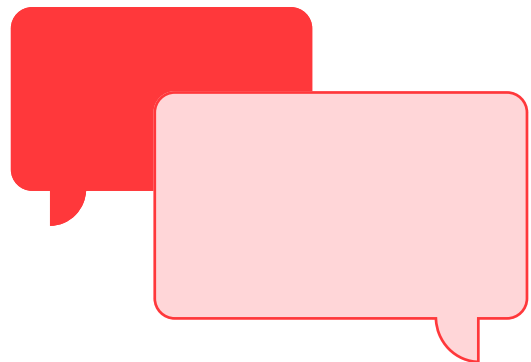
 DURATION: 15-20 MIN

Invite participants to share and discuss their reflections with the group.

Facilitate discussion around shared values, expectations, communication styles, boundaries, accountability, and collective care. Encourage participants to notice common themes, differences, and priorities emerging within the conversation.

Possible discussion prompts:

- What values should guide this group throughout the programme?
- How would we like to communicate and collaborate with one another?
- What helps people feel included, respected, and heard?
- How should the group respond to challenges or disagreements?





Step 03: Collective Agreements

 DURATION: 10-15 MIN

Work together to identify and document a set of shared group expectations or collective agreements.

Facilitators may choose to:

- write agreements onto a shared poster,
- create a collaborative document,
- group similar ideas together,
- prioritise key commitments as a group.

Encourage participants to revisit and adapt these agreements throughout the programme if needed.

